

# The Bradley *Bulletin*

News and notes for our friends and supporters.

Summer 2019

## Bill Tracey is Helping to “Build” a Better Bradley

**A**s president and CEO of TRAC Builders—the Providence-based general contracting and construction management firm he founded in 1994—Bill Tracey knows more than a thing or two about building. Perhaps at the top of that list is something that appears on his company’s website: *The built environment isn’t just about bricks and mortar. It’s also about sharing experiences, improving quality of life, and making a positive impact on others.*

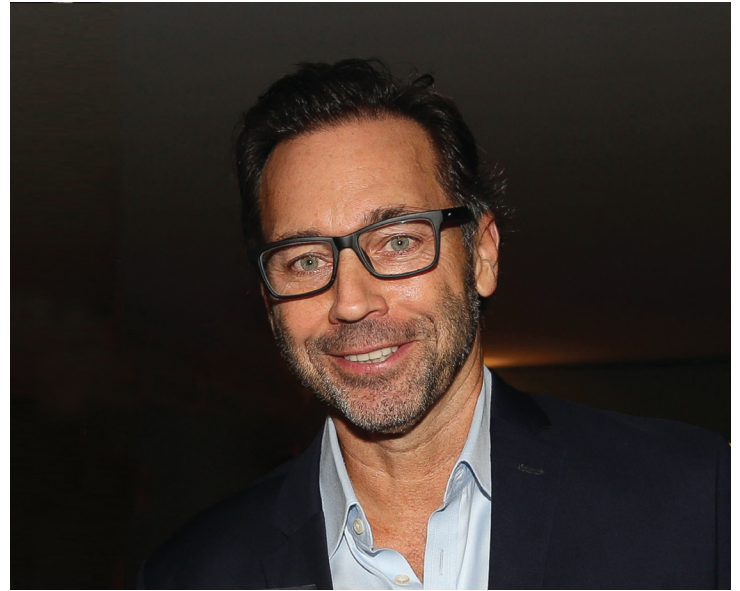
For years, Bill has put that same belief into action in his philanthropic work, which includes being an active supporter of Bradley Hospital. “I think we’re always trying to make authentic connections,” he says, “and working with the people of Bradley feels very real to me. The hospital staff is remarkable, and my friends and colleagues on the philanthropic side are impressive, committed people, too. When you see all of them step up and help out it inspires you to do the same.”

**“Working with Bradley gives you some perspective on life...”**

—Bill Tracey

Bill was first introduced to Bradley by Rick and Marcy Granoff. “They asked me to participate in the Play4Kids golf tournament and Bravo Bradley, which were events they organized and co-chaired,” Bill recalls. “I also met Dan Wall back then and took my first tour of the Bradley facilities, which was very impactful.”

These days, Bill is still a generous contributor to the hospital, but he’s also an ambassador. As such, he helps raise critical funds that support programs, brings new supporters into



Bill Tracey

the fold and increases awareness about the good work that goes on at the hospital. In addition, Bill has taken on several volunteer positions—from active participation on the Bravo Bradley committee, to serving on the Board of Governors, to his recent appointment to the Foundation’s Board of Trustees.

“Working with Bradley gives you some perspective on life—on an empathetic level as well as a level of gratitude,” Bill points out. “The fact that there’s a place right here where at-risk kids can go and get the help they need is huge. So, it feels good to be part of the team and make a difference where I can.”

In addition to Bradley, Bill’s philanthropic support extends to several other organizations including Crossroads Rhode Island, Roger Williams University, and the Providence Preservation Society.



**Bradley Hospital**

*Lifespan. Delivering health with care.®*

# Social Media Use Linked to Teen Depression

If you've spent time recently around teenagers, you've noticed they are inordinately attached to their electronic devices. Much time is spent on social media and according to a new study, an increased use of social media can lead to depression, particularly in young girls.

Karyn Horowitz, MD, Director of Outpatient Services, explains, "The images that some teens create lead other girls to feel that they do not measure up. They can feel that their appearance and social life are not as good as others' and it can lead vulnerable girls to feel badly about themselves in comparison."

Also on the rise is a phenomenon known as FOMO, or the fear of missing out. "Seeing what others are actually doing or creating on their social media for others to view leads to feeling like you are on the outside. Not only can this create anxiety in all children/adolescents, in vulnerable girls with existing anxiety and/or depression, it can exacerbate their symptoms," Dr. Horowitz says.

The impact is significant. "Between 2007 and 2015, 92% of teenagers and young adults had a smartphone," Dr. Horowitz says. "Between 2010 and 2015, the depression rates went up by over 30%, and rates of suicide in adolescent girls went up by almost 65%."

Dr. Horowitz encourages parents to be aware of how their child is spending time on their electronic devices, educating them about the negative impact of social media, putting personal technology away at least an hour before bed, and increasing real face-to-face time and physical activity.



## Teaching Positive Behaviors, Point by Point

It was a special moment in the healing process of a 7-year-old at Bradley Hospital. His mother was visiting and he couldn't wait to show her "the board"—a prominent computer monitor display in the center of the children's inpatient unit. "That's me!" the child exclaimed, gesturing at a colorful avatar bearing a circled number. "Look at how many points I have!"

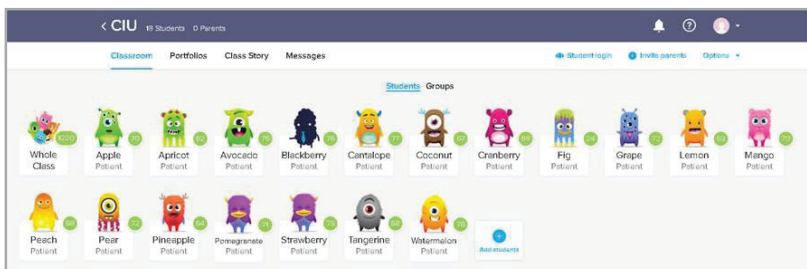
The boy earned those points not with a joystick, but by demonstrating positive behaviors throughout the day. That's significant progress for a child with extensive trauma and self-regulation difficulties.

"That little boy realized, 'I can do this,'" says Jennifer Hellmuth, PhD, a clinical psychologist on the children's inpatient unit (CIU). "Our patients are learning and applying new coping skills, and seeing the results in a very visual way. It's exciting for everyone."

The avatar display is part of Positive Behavior Interventions and Supports (PBIS), a school-based program used nationwide and adapted for CIU by Dr. Hellmuth. PBIS is a model for teaching and rewarding safe and appropriate behaviors.

Rewards for points earned on the inpatient unit include special free-time activities and other individualized incentives.

PBIS is a core therapeutic tool on the CIU, where the majority of patients have a trauma-related diagnosis and struggle with issues of trust and self-regulation.



"PBIS sets reachable expectations of appropriate behavior and makes the outcomes tangible," says Oana Costea, MD, MBA, Director of the Children's Inpatient Program. "By recognizing and rewarding these behaviors consistently, we help rebuild a child's trust and a path to healing."



We are proud to present the members of the Bradley Hospital Healing Society, recognizing supporters who make annual gifts of \$100 or more. Our gratitude goes to all who have given selflessly to support the lifesaving work of Bradley Hospital.

## **\$250,000+**

Anonymous  
Carol A. Peterson

## **\$100,000—\$249,999**

Elizabeth G. and Joseph M. Brito, Jr.  
CVS Health

## **\$50,000—\$99,999**

The Mann Family Foundation  
Alletta Morris McBean Charitable Trust  
Shriners of Rhode Island Charities Trust

## **\$25,000—\$49,999**

Susan O. and David A. Brown  
Jonathan and Ruth Fain  
Kicking for Causes  
The June Rockwell Levy Foundation, Inc.  
Ocean State Job Lot Charitable Foundation  
Mr. and Mrs. David L. Piccoli, II  
Rhode Island Foundation  
Henry T. Sachs III, MD and Teresa A. Van Buren, MD  
Shivan and Jyothi Subramaniam  
Mr. and Mrs. David Turchetta  
van Beuren Charitable Foundation  
Mr. and Mrs. Alfred J. Verrecchia  
and The Verrecchia Family Foundation

## **\$10,000—\$24,999**

Lisa M. Abbott  
Amica Companies Foundation  
Mark Baribeau and Cynthia Barnhart  
Victor and Gussie Baxt Fund  
Trust of Rena Burney  
Mr. and Mrs. William G. Carr, Sr.  
Cox Business  
CVS Health Charity Classic  
Mr. and Mrs. Michael Fanning  
Mr. and Mrs. David Hollander  
Jeffrey I. Hunt, MD and Cheryl Flynn, MD  
Mehdi and Rosemary Khosrovani  
Ida Ballou Littlefield Memorial Trust  
Dr. and Mrs. Brian Miller  
Timothy M. and Tricia S. O'Neil  
Stephen Pasquariello and Kate C. Luckett  
The Family of Paul J. Peterson, Jr.  
Mr. and Mrs. David L. Piccoli, Sr.  
Fred T. Polacek and Lori G. Polacek, MD  
Dr. and Mrs. Charles M. Riotto  
Mr. and Mrs. Roger C. Rumsey  
Mary Ann Weiler  
Mr. and Mrs. John Hazen White, Jr.

## **\$5,000—\$9,999**

Adler Pollock & Sheehan, PC  
Anonymous  
Mr. and Mrs. Robert Ayerle  
Mr. and Mrs. Richard R. Beretta, Jr.  
Everett F. Boyden Trust, Bank of America, Trustee  
Mary A. Carskadon, PhD  
Mr. and Mrs. Samuel N. Chase  
Citizens Bank  
The Claflin Company  
Mr. and Mrs. Kim G. Davis  
Mr. and Mrs. Donald H. Dwares  
The ELMS Foundation  
Epic  
The Doug Flutie, Jr. Foundation for Autism, Inc.  
Mr. and Mrs. Aram G. Garabedian  
Rick and Marcy Granoff  
Almon and Suzanne Hall  
Hasbro Children's Hospital Department of Pediatrics  
Hasbro, Inc.  
Elizabeth and Michael Huber  
Diane M. Hunter and Manuel J. Irujo  
Mr. and Mrs. Bernie Lambrese  
The Lobster Pot  
Mr. and Mrs. Anthony J. Landi Jr.  
Mr. and Mrs. Hugo R. Mainelli, III  
Morgan Stanley

Dr. Brian Pontarelli and Rulla Nehme  
New England Medical Design, Inc.  
Tiffani Ormonde Memorial Fund  
Mr. and Mrs. Jeffrey M. Padwa  
Mark Rosekind, PhD and Debra Babcock  
Royal Little Memorial Fund  
Dr. Louis Simeone  
TRAC Builders  
Transdev  
Tufts Health Plan  
Mr. and Mrs. Daniel J. Wall

## **\$2,500—\$4,999**

Alder Partners LLC  
Thomas F. Anders, MD and Constance M. Bowe, MD  
Anonymous  
Ballard Mensua Architecture  
Belvoir Properties, LLC  
The Benevity Community Impact Fund  
Mr. and Mrs. Michael B. Bottof  
Brown University  
Cardi Corporation  
Cardz for Kidz  
Mr. and Mrs. Edward Caron  
Casper Sleep Inc.  
Centreville Bank  
Denise Dangremond  
Electric Boat Employees' Community Services Association  
Fred J. Franklin  
Gregory K. Fritz, MD and Nancy Fritz  
Harold Winstead Charitable Trust  
Mr. and Mrs. Steven M. Holland  
Jade Engineered Plastics, Inc.  
Mr. and Mrs. Thomas P. Kane  
Elizabeth A. Lowenhaupt, MD  
Marcum LLP  
Mr. and Mrs. Norman E. McCulloch, Jr. Trustees of the  
McAdams Charitable Foundation  
Stephen and Daphne Meredith  
Millennium Matching Gifts  
Neighborhood Health Plan of Rhode Island  
Pannone Lopes Devereaux & O'Gara LLC  
Pereira Bros Landscaping Inc.  
Mr. and Mrs. James E. Pious  
D. F. Pray, Inc.  
PURE  
Estate of Anthony Quinn  
Russell M. and Karen A. Raposa  
Rockland Trust Company  
Roger Williams University  
Lawrence B. and Joan Sadwin  
The Salted Slate  
Jacqueline M. Savoie and F. Dennis McCool, MD  
Randy Shatz  
Mr. and Mrs. Peter J. Souza  
Margaret M. Van Bree, MHA, DrPH  
Van Busch Fine Jewelry Designs  
Mr. and Mrs. Thomas W. Walsh

Patricia J. Flanagan, MD and Mark I. Schwager, MD  
David E. Ford  
Mr. and Mrs. Donald P. Galamaga  
Peter Gillen, PsyD and Malini C. Gillen, MD  
Larry Giorgi Plumbing & Heating, Inc.  
Dr. and Mrs. Richard L. Glick  
Charles Granoff  
Mr. and Mrs. Evan J. Granoff  
Dr. Charles Schor and Dr. Sara R. Granoff-Schor  
Mr. and Mrs. Robert S. Greenbaum  
Guggenheim Investments  
Mrs. Gloria D. Hall  
The Hibbitt Family Fund  
Karyn Horowitz, MD and Michael Robbins, PhD  
Hughes Realty LLC  
George A. and Evelyn M. Ingleby Fund  
J & J Auto Service  
Mary Reineman, Paul V. Kappel and Beazie  
Mr. and Mrs. Paul F. Kilmartin  
The Koffler Bornstein Family Foundation  
Diana M. Kryston and Jody A. Underwood, MD  
Alan and Marianne Litwin  
Madeira Restaurant  
Mr. and Mrs. Ira C. Magaziner  
Jacqueline M. Marshall  
Mr. and Mrs. Eugene Mihaly  
Mr. and Mrs. Calvin F. Miller  
Mr. and Mrs. William J. Milner  
Merrill M. Mitler, PhD  
Mr. and Mrs. Alan B. Moldawer  
Darlene M. Murphy and Friedel S. Vongoeler  
The Murray Family Charitable Foundation  
Mr. and Mrs. K. Ramesh Murthy  
Nixon Peabody, LLP  
Mr. and Mrs. William O'Dell  
Mr. and Mrs. William O'Neil  
Troy Pare  
Pawtucket Credit Union  
John Pedrotty, MD and Sheila Pedrotty  
Pepsi Beverage Company  
Professional Ambulance, LLC  
Lisa Raiola  
Rhode Island Medical Imaging, Inc.  
Mr. and Mrs. Robert B. Richardson  
RTI International  
Arthur and Lynda Sampson  
Messrs. Ryan and Blair Schiffer  
Mr. and Mrs. Michael Schwartz  
Secord and Associates, Inc.  
The Honorable and Mrs. Bruce M. Selya  
Richard D. Simon, Jr., MD  
Mr. and Mrs. Martin P. Slepikow  
Anne Morton Smith and Bruce F. Gratz  
Richard M. Smith, MD and Kathryn D. McGowan, MD  
Virginia H. Soutter  
Mr. and Mrs. Robert I. Stolzman  
Colleen M. Sullivan  
Mr. and Mrs. Robert F. Tasca, Jr.  
Deborah M. Tate  
Mr. and Mrs. Andrew Therrien  
United Way of Cattaraugus County, Inc.  
Mrs. Sandra B. Van Den Broek  
Margaret Vendituoli-Ferreira  
Kenneth W. Washburn  
Whole Kids Foundation  
Mr. and Mrs. Barry M. Williams  
Amy R. Wolfson, PhD

## **\$500—\$999**

1776 Liquors  
Donald Acevedo and Marlene Cutitar, MD  
Advanced Building Concepts  
John G. Angelo  
Anonymous (2)  
Associated Professional Sleep Societies  
The Aubin Family  
Barbara H. Roberts, MD and Joseph A. Avarista  
Mr. and Mrs. Steven Bacigalupo  
Ian Barnacle  
Larry K. Brown, MD



## Continued

Mr. and Mrs. Paul Burmeister  
Carl's Collision Center, Inc.  
Brady G. Case, MD and Sarah Case, MD  
Cathedral Art Metal Co.  
Paul and Elizabeth Choquette  
Lisa Dantas  
Delta Dental of Rhode Island  
Dr. and Mrs. Joseph L. Dowling, Jr.  
Mr. and Mrs. Guy DuFault  
Mr. and Mrs. Jon Feinstein  
Mr. and Mrs. Nelson M. Ferreira  
Mr. and Mrs. Richard Fleischer  
Jennifer E. Forbes  
The Foundry Corporate Office Center  
Mr. and Mrs. Kelly Fowler  
Mr. and Mrs. Jason Grant  
Holly H. Grossman  
H. Carr and Sons, Inc.  
Joe Haley  
Leslie M. Hogan  
Ellen P. D. Jackson  
Martin Kenner  
Kerri Kim, PhD  
Art P. Klidonas  
Mr. and Mrs. George Kuebler  
Joel A. Lerman, MD  
Daniel Lewin, PhD  
David P. Lichtenstein, PhD and Rebecca B. Silver  
McLaughlin & Quinn LLC  
Mr. and Mrs. Henry S. Monti  
Lori Morse  
Joseph Murray  
Mr. and Mrs. Thomas Norris  
Northeast Investment Group  
Reverend Eugene T. Dyszlewski  
and Margaret R. Paccione-Dyszlewski, PhD  
Mr. and Mrs. Joseph R. Paolino, Jr.  
Derrick Papa  
Aurelia Papitto and William E. Young  
Steven M. Paré  
Francis J. Pescosolido, PhD  
Quickstep Communications  
Julie A. Raposa  
Mr. and Mrs. Gary J. Regan  
Mr. and Mrs. John Ruggiero  
Mr. and Mrs. Roger Sherman  
Swansea Pediatric Associates, LLC  
Celso E. Teixeira  
Mr. and Mrs. Rocky Toomey  
William E. Tracey  
James B. Tucker  
Mr. and Mrs. Joseph Wallace  
David White  
Dr. and Mrs. James K. Wyatt  
Julia Wyman and Christopher A. Clyne, MD

## \$250—\$499

A & D Professional Pest Elimination  
Christine Acebo, PhD  
Patty and Melvin G. Alperin Family Fund  
Mr. and Mrs. Billy Almon, Jr.  
Vangy Auclair  
Martin Baginski  
Raymond R. Bastow  
Mr. and Mrs. Angelo Bellini  
Mr. and Mrs. Kevin J. Bickerstaff  
Michele P. Brannigan  
Mr. and Mrs. Mathew Brito  
Mr. and Mrs. Richard G. Carriere  
Mr. and Mrs. Andrew S. Caslowitz  
Linda F. Chapman  
Congressman David N. Cicilline  
Mr. and Mrs. Gregory H. De Pardo  
Mr. and Mrs. Robert DiMuccio  
Mr. and Mrs. Dennis L. DiPrete  
Kathleen R. Donise, MD  
Elmwood Dodge, Inc.  
The Estee Lauder Companies  
Anthony Florio  
Michael J. Fox, Jr.  
Gannon Bailey & Votolato, PC  
Otis Gates  
Namni Goel, PhD  
Ronald J. Green  
John Harsh  
Brant P. Hasler  
Jane Hoffman and Family  
Horacio B. Hojman, MD  
Eileen M. Horwitz  
Erika House  
Anne L. Humphrey  
Jacqueline M. Inzana

Stephen Karam  
Sharon A. Keenan, PhD  
Aline L. Kenney  
Elizabeth B. Klerman, MD, PhD  
Thomas Kokosinski  
Daniel T. Kurtz  
Jason Lambrese, MD  
Felicia Lariviere  
Veronica L. Marchak  
Mr. and Mrs. Gregory A. Marderosian  
Mr. and Mrs. Brendan P. McCarthy  
Bruce J. Medeiros  
Jodi A. Mindell, PhD  
Monahan, Drabble & Sherman, Inc.  
Mike Oliver  
Mr. and Mrs. Joseph G. Pannozzo  
Nathan Parker, MD  
Barbara F. Paroline  
Aprille Patallano  
Caroline Payson  
Amanda Pelletier  
Laurie B. Phenix  
Reverend Lynne Phipps  
Piccerelli, Gilstein & Co., LLP  
Paul and Eleanor Pierannunzi  
Kate Potteiger  
Mr. and Mrs. Edward A. Pryor  
Eric Ratzel  
The Rawnsley Family  
RDW Group, Inc.  
RER Consulting LLC  
Frank Sanchez  
Larry J. Schoenfeld, MD and Barbara Schoenfeld  
Mr. and Mrs. Christopher T. Semonelli  
Stephen M. Senteio  
Laurie A. Sevigny  
Daniel B. Spencer, MD  
Nicholas P. Spencer, MD and Patricia K. Spencer, MD  
Pamela Thacher, PhD  
Kiera Boyle Toledo  
Elizabeth A. Voss  
Mamie and Rich Wakefield  
Philip M. Weinstein  
Mr. and Mrs. Todd Whitecross  
Matthew D. Willis, MD and Christine Willis, MD

## \$100—\$249

Mr. and Mrs. Peter S. Albertsen  
Mr. and Mrs. Edward Almon  
Eric P. Alves  
AmazonSmile Foundation  
Sonia Ancoli-Israel, PhD  
Anonymous  
J. T. Arnedt, PhD  
Aurora Civic Association  
Stephen Balsis, PhD  
Bank of America Charitable Foundation  
Rosemary E. Baptista  
Mr. and Mrs. Bruce R. Barrett  
Barbara Bastow and Margaret McHale  
Benny's, Inc.  
Mr. and Mrs. Lloyd F. Benson  
John R. Boekamp, PhD  
Linda Bonder  
Nathaniel Bowling, MD  
Bonnie J. Braga  
Mr. and Mrs. Matthew C. Brennan  
Ellen H. Bridges  
Bristol Fourth of July Committee  
Christine F. Brown  
Mr. and Mrs. Stanley James Busam  
Ruth A. Cafarelli  
Mr. and Mrs. Kevin Calnan  
Mr. and Mrs. David C. Calusdian  
Karen T. Cammuso, PhD and Clarke Greene  
Mr. and Mrs. Joseph Cawley  
Mr. and Mrs. George P. Clayson, III  
David A. Cohen Trust  
Joseph A. Colapietro  
Kay A. Cooper  
Mr. and Mrs. John S. Costantino  
Mr. and Mrs. Ralph T. Della Rosa  
Mr. and Mrs. Frank R. DeLuca  
Diane DerMarderosian, MD  
Lynne Barry Dolan  
Mr. and Mrs. Tod Drake  
Heather A. Dubois  
Thomas Durkin  
Christine E. Edmonds  
Donald J. Farish, PhD\* and Maia Farish  
Malcolm Farmer, III  
Richard A. Ferber, MD  
Mark W. Fitzgerald  
Flood Ford of East Greenwich  
James Florio, Jr.  
Deanna S. Forney  
Dr. and Mrs. A. Raymond Frackelton, Jr.  
Peter L. Franzen, PhD  
Janine Galione  
Stephen E. Glinick, MD and Elizabeth A. Welch, MD  
Joyce R. Greene  
Janice C. Hannert and Charles H. Boisseau  
Chantelle Hart, PhD  
Lois Hely  
Mr. and Mrs. Walter C. Hunter  
Mary Beth Jarosik  
Sally Johnson  
Christopher Jones  
The Kane-Barrengos Foundation  
Jack M. Standish and Janice F. Kauffman  
Thomas Kazlauskys  
Leslie Keenaghan  
Charles M. Kenahan  
Frank Latina  
Mr. and Mrs. Jason Lawrence  
Monica A. Leandre  
Monique LeBourgeois, PhD  
Eric Lichatin  
Georgina MacDonald  
Jennifer L. Martin, PhD  
McAllister Towing of Narragansett Bay, LLC  
Meaghan McCallum  
David McConville, PhD  
Mr. and Mrs. Walter T. McCormick  
Stephanie McWilliam, PhD  
Mr. and Mrs. John F. Mee  
Lisa J. Meltzer, PhD  
Laurie Miller  
Jack H. Nassau, PhD and Debra Nassau  
Mr. and Mrs. David P. Noren  
Mr. and Mrs. William Nottage  
Marvin Novogrodski  
Suzanne Palinski, MD  
David W. Parr  
Mr. and Mrs. Thomas C. Pearson  
John E. Peterson\* and Linda Peterson  
Mr. and Mrs. Jose R. Polanco  
Donn Posner, PhD  
Gary P. Provencher  
Lori A. Quinn and David L. Stem  
Susan Redline, MD  
Karen Reimels  
Dr. and Mrs. Harlan G. Rich  
Michelle L. Rickerby, MD and David G. Rickerby  
Susan Robinson  
Roch's Fresh Foods  
Mr. and Mrs. Richard Romano  
Amy B. Ross  
Ruggieri Bros., Inc.  
The Alexander and Celia F. Rumpler Fund  
V. George Rustigian Rugs, Inc.  
Mr. and Mrs. John D. Ryan  
Mr. and Mrs. Douglas C. Rynda  
Alicia Samolis  
Katherine G. Scalise  
Diane E. Scola  
Mark P. Scott  
Mr. and Mrs. Harold H. Shaw, Jr.  
Scott Sheppard  
Rob and Mindy Sherwin  
Sandra C. Silva  
Mr. and Mrs. Richard T. Smith  
Anthony Spirito, PhD and Susan Spirito  
Robert Stickgold  
Vicki L. Stocker  
James C. Sullivan, MD and Mary A. Sullivan, PhD  
Mr. and Mrs. Brian Sylvia  
Gerald M. Tarnoff, MD and Jacquelyn Tarnoff  
Heather A. Thibodeau  
Jacob Tower, MD  
Christine Trask, PhD  
James T. Van Buren  
Honorable Brian Van Couyghen and Christine Marie Moore  
Mr. and Mrs. Gregory D. Vickowski  
Mary Brooks Wall  
Mr. and Mrs. Thomas E. Walsh, Sr.  
Joyce A. Walsleben, PhD  
Mr. and Mrs. Dennis W. Welch  
Julianne G. Wiezalis  
Winsor Hill School  
Mr. and Mrs. Robert C. Wood, Sr.  
Mr. and Mrs. Richard D. Worrell

\*deceased