

Winter 2017

Newport Hospital

a magazine for friends and supporters

*Emergency Care is No Accident
at Newport Hospital ...*



A MESSAGE FROM THE PRESIDENT OF NEWPORT HOSPITAL

Crista F. Durand

CRISTA F. DURAND

Welcome to *Newport Hospital*! Formerly known as *Benefactor*, our magazine has a new name and a new look. We think it goes straight to the heart of what our community is all about and hope that you agree.

These are very exciting times, as we embark on a major new campaign to advance the high-quality, patient-centered healthcare Aquidneck Islanders depend on every day. For 144 years, Newport Hospital has been at the center of this vibrant community, growing with it and reflecting its unique character. Our magazine's new name, *Newport Hospital*, resonates with a rich tradition of caring, distinguished by exceptional clinicians and the compassionate supporters who help to make our work possible. Thank you for being a part of our very special donor family. I hope you enjoy this inaugural issue of *Newport Hospital*.

In addition to sharing with you the details of our exciting new campaign, these pages include inspiring stories about the programs and people that ensure our hospital remains second to none. You will read about the unparalleled care provided at our Vanderbilt Rehabilitation Center and one stroke patient's extraordinary recovery. You will also learn about the amazing ways we promote healthy lifestyles for the children of Aquidneck Island, thanks to a generous gift that keeps on giving. And you will hear about the many ways philanthropy makes a life-sustaining impact, right here in Newport County.

Because of you, we continue to move forward every day. Thank you for your dedication and commitment to Newport Hospital. And if you'd like to drop me a line to let me know what you think of our newly-launched publication, I'd love to hear from you! My office email is cdurand@lifespan.org. ■

WHAT ATTRACTED YOU MOST TO THE CDO POSITION AT NEWPORT HOSPITAL?

I can think of no greater calling than to support the health and well-being of this community. I was drawn to the excellence, dedication, and welcoming spirit of the team at Newport Hospital. We work together, in support of a compassionate and high quality patient experience, for a healthy you, and a healthy community.

WHY IS PHILANTHROPY SO IMPORTANT TO NEWPORT HOSPITAL?

Through philanthropy, we connect to something much bigger than ourselves and meaningfully impact the lives of many. Our donor community carries out their philanthropy through volunteer hours, as leaders on our foundation board, board of governors and committees, and through generous charitable donations—all of which make it possible for us to carry out our mission.

WHAT DOES DONOR SUPPORT HELP MAKE POSSIBLE?

Each act of philanthropy has a ripple effect of doing good for many—and that means both patients and providers. Philanthropy maximizes our capacity to serve, to utilize cutting-edge healthcare technology, and to deliver excellence in healthcare in an optimal patient-centered environment. We are so grateful for this support.

WHY ARE NEWPORT HOSPITAL'S DONORS SO SPECIAL?

Newport Hospital was founded and funded by this community in 1873. And that tradition of philanthropy continues today. Our donors have always gone the extra mile for us. They share our vision for excellence and access to healthcare for all in our community.

Together with the Newport Hospital Foundation Board, we have launched the *Beyond the Building* campaign. We will raise \$15 million in philanthropic support to transform the Emergency Department and ICU, ensuring we can meet our community's needs for years to come. Along with our donors, we are increasing access and capacity to the finest quality, best-in-class care right here in our community. ■

Q & A

WITH
LORIANA DE CRESCENZO,
CHIEF DEVELOPMENT
OFFICER



Stroke Patient Considers Vanderbilt Rehabilitation Center a Blessing

It wasn't how 79-year-old Sarah "Sally" Sayre pictured her visit to her ill cousin. She traveled north from Rhode Island, never imagining she would soon be the one lying in a hospital bed, narrowly escaping death.

Over dinner with her relative, Sally suddenly "didn't feel right," passing out minutes later. An ambulance arrived and Sally was whisked off to Dartmouth-Hitchcock Medical Center.

Sally had suffered a massive hemorrhagic stroke. Also known as a "brain bleed," a hemorrhagic stroke occurs when a blood vessel in the brain ruptures and bleeds into the surrounding brain. They account for just 13 percent of stroke cases, and the majority of patients that experience them don't survive.

Sally's family members were reached and told to get there as fast as they could. Her husband Ford and their children raced to New Hampshire from Rhode Island, New York and California before it was too late. Sally's bleed, occurring behind her left ear in a cognitive region of her brain, stopped on its own but left significant blood and pressure on her brain. It also damaged her ability to comprehend and express language, known as aphasia. Thankfully, Sally survived.

After nine days in the hospital, seven in intensive care, it was time to begin rehab. Having known Vanderbilt Rehabilitation Center at Newport Hospital and its impressive reputation, and its closeness to home, Ford advocated for Sally to be transferred back to the Ocean State.

From the moment the ambulance arrived at Newport Hospital, Ford knew Sally was in the right place. "Where she was on her road to recovery, needing to relearn basic words and how to walk and

eat, they just enveloped her and wrapped her up in their care. It was just what she needed at the right time," says Ford. "The care she received at Vanderbilt was just that, caring."

It wasn't easy, but Sally's athletic lifestyle prior to her stroke, in combination with constant family support, the care of her doctors and nurses, and the daily physical, occupational and speech therapy she received, all contributed to Sally's remarkable recovery.

"Sally had quite a significant stroke. When she arrived at Vanderbilt she had trouble finding the right words to express herself, but during her stay she rebounded significantly," explains Mustapha Kemal, MD, medical director of Vanderbilt Rehabilitation Center. "For a person who was functioning at a high level, she suddenly couldn't complete sentences. But she didn't shy away from confronting her deficits and

that resulted in the good outcome that she had."

After two-and-a-half weeks, when Sally was able to walk, go up and down stairs, eat, and recognize faces and names, she was ready to leave Vanderbilt. "By the time she was discharged, she had improved to a level that if I hadn't known of her stroke, I wouldn't suspect she had one," says Dr. Kemal.

Nine months later, Sally continues speech therapy to help with the aphasia, but overall has made measurable progress. She says, "I count my blessings—that I wasn't alone, or driving when I had the stroke—and that one of the best centers for stroke rehabilitation in the country is right here in Rhode Island, at Newport Hospital." ■



Emergency Care is *No Accident* at Newport Hospital

When John arrived in the Emergency Department (ED) at Newport Hospital, he was experiencing excruciating abdominal pain. The first person he remembers seeing was the triage nurse who he later described as calm, knowledgeable and very caring. Despite his pain, she managed to make him feel that everything was going to be okay.

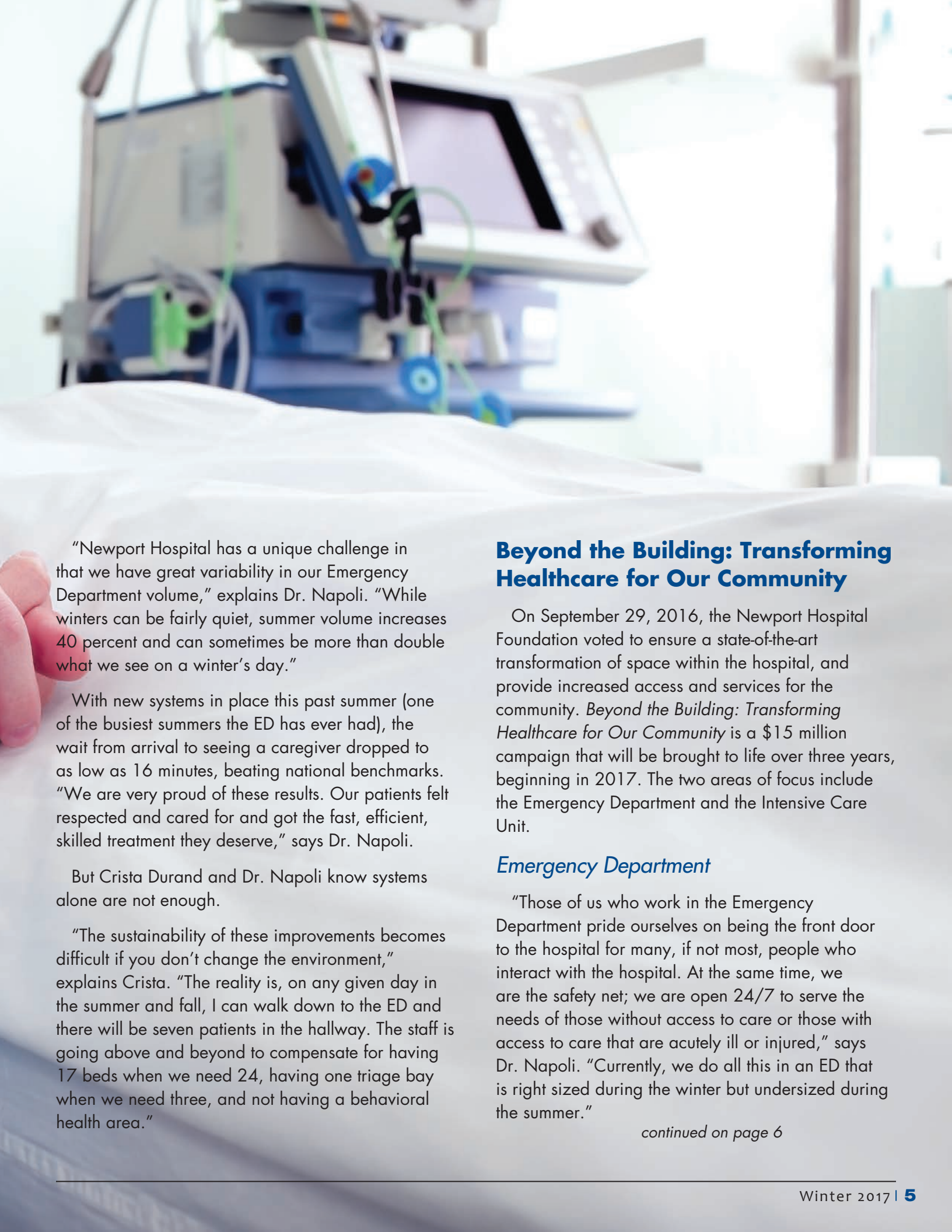
Within minutes, he walked Anthony Napoli, MD, Director of the Emergency Department, and he personally pushed John in a wheelchair to the next available bed. A nurse promptly started an IV, took a blood sample and called radiology for an abdominal CT scan. Diagnosis: a kidney stone. A grateful John was given medication, and an emergency phone number to call if he needed it over the weekend.

John later wrote a letter to Newport Hospital's President, Crista F. Durand, expressing his thanks and unending appreciation for the outstanding team that cared for him. What John didn't recall from his visit was how busy the ED was not the hallway crowded with patients waiting for a bed. And that's because our staff made our patient feel like he was their sole focus from the moment he arrived and that he was the only one in their care.

You might think this is a unique story or that John was some sort of celebrity, but this is now a typical experience for patients in our Emergency Department since new initiatives and protocols were put in place last year to reduce wait times and improve patient satisfaction. The result: waiting times that are the lowest in the state, surpassing national standards, and patient satisfaction ratings in the top fifth percentile of similar community hospitals nationwide.

Every day, our Emergency Department sees Aquidneck Island residents and visitors alike for everything from bee stings and allergic reactions to broken bones, asthma attacks, and chest and abdominal pain. Led by Dr. Napoli and Lisa Lima-Tessier, the ED team has truly made remarkable progress over the past 12 months.





"Newport Hospital has a unique challenge in that we have great variability in our Emergency Department volume," explains Dr. Napoli. "While winters can be fairly quiet, summer volume increases 40 percent and can sometimes be more than double what we see on a winter's day."

With new systems in place this past summer (one of the busiest summers the ED has ever had), the wait from arrival to seeing a caregiver dropped to as low as 16 minutes, beating national benchmarks. "We are very proud of these results. Our patients felt respected and cared for and got the fast, efficient, skilled treatment they deserve," says Dr. Napoli.

But Crista Durand and Dr. Napoli know systems alone are not enough.

"The sustainability of these improvements becomes difficult if you don't change the environment," explains Crista. "The reality is, on any given day in the summer and fall, I can walk down to the ED and there will be seven patients in the hallway. The staff is going above and beyond to compensate for having 17 beds when we need 24, having one triage bay when we need three, and not having a behavioral health area."

Beyond the Building: Transforming Healthcare for Our Community

On September 29, 2016, the Newport Hospital Foundation voted to ensure a state-of-the-art transformation of space within the hospital, and provide increased access and services for the community. *Beyond the Building: Transforming Healthcare for Our Community* is a \$15 million campaign that will be brought to life over three years, beginning in 2017. The two areas of focus include the Emergency Department and the Intensive Care Unit.

Emergency Department

"Those of us who work in the Emergency Department pride ourselves on being the front door to the hospital for many, if not most, people who interact with the hospital. At the same time, we are the safety net; we are open 24/7 to serve the needs of those without access to care or those with access to care that are acutely ill or injured," says Dr. Napoli. "Currently, we do all this in an ED that is right sized during the winter but undersized during the summer."

continued on page 6



Plans for a \$12.5 million expansion of the ED include a new, more accessible and welcoming greeting station; three expanded triage areas; and more flexible space to address the distinct and growing population of behavioral health, geriatric and pediatric patients treated. With an increasing number of elderly patients, as well as patients struggling with mental health and substance abuse emergencies, a dedicated space is critically needed to treat these distinct populations with privacy and dignity. Plus, increasing treatment spaces from 17 to 24 beds will provide the increased capacity needed to serve 40,000 patients a year.

Intensive Care Unit

The Intensive Care Unit (ICU) at Newport Hospital is one of seven distinguished inpatient hospital services. The ICU staffs a wide range of top physician talent, including specialists in cardiology, pulmonology, and critical care. The proposed plan, which is supported through \$2.5 million in philanthropic investment, will create a new synergy with the inpatient unit and will position the ICU to best serve critical care patients at all stages of acute care and recovery.

Given Newport County's population demographics, Newport Hospital is serving an increasing number of elderly and critically ill patients. The ICU transformation is urgently needed in order to deliver optimal care for our most vulnerable patients and their families with an enhanced healing environment during their time of greatest need.

"The number one health need on Aquidneck is access," says Crista. "We have expanded primary care hours and providers and even created an urgent clinic, but we recognize there is always a need for more emergency and intensive care services and our job is to be responsive." ■

THREE ANGELS FUND HOLDS 7TH ANNUAL FUNDRAISER



Members of the Bulk family gathered just before the gates opened for their 7th annual fundraiser at Kempenaar's Clambake Club on August 21, 2016. In memory of Eileen Bulk, Ann Pine and Nan Bulk –The Three Angels–the event raised \$35,000 to support the Outpatient IV Therapy Lab at Newport Hospital. The Three Angels Fund has donated more than \$194,000 to Newport Hospital since 2010. Photo by Leslie Costic. ■

CASABLANCA, NEWPORT HOSPITAL'S 2016 SUMMER GALA, RAISES MORE THAN \$391,000

A passing spate of seasonal rain couldn't dampen the festivities when nearly 350 friends and supporters of Newport Hospital descended upon Ochre Court on July 7 for the hospital's 2016 summer gala, Casablanca. In an atmosphere reminiscent of 1940s Morocco, the evening raised more than \$391,000 for hospital programs with the most crucial and pressing funding needs, including \$146,500 generated through the live auction and fundraising blitz for the purchase of state-of-the-art ultrasound equipment in support of Women's Health programs and services.

"Words alone cannot express my appreciation to the amazing donor community that continues to support Newport Hospital with unprecedented generosity and kindness," said Crista F. Durand, President of Newport Hospital. "So much of the care we deliver each and every day is made possible by philanthropy—it is thanks to this support that we can ensure our high-risk ob-gyn patients won't need to leave the island for the highly specialized imaging they need."

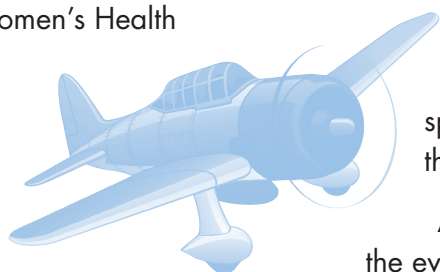
Upon arriving at Ochre Court, guests were welcomed by pianist Mac Chrupcala, as soothing melodies from his baby grand piano filled the air. Following a period-themed cocktail and hors d'oeuvres reception, C. Hugh Hildesley of Sotheby's presented

the event's live auction and fundraising blitz to raise funds for leading-edge 3-D ultrasound technology.

Eager to support the cause, guests engaged in spirited bidding as bid numbers were raised high and often, including a number of guests who raised their cards at the \$10,000 and \$5,000 levels towards the purchase of the new ultrasound equipment. During the live auction, a one-of-a-kind cocktail party for 30, to be hosted by some of Newport's most prominent women, generated much excitement. With its demand emanating throughout the tent erected on the mansion's sprawling rear lawn, the package sold three times over, each at \$5,000.

At the conclusion of the auction, the evening continued with an exquisite meal expertly prepared by Russell Morin Catering & Events, and dancing to the sounds of the Mac Chrupcala Orchestra.

The event committee for Casablanca was co-chaired by Dr. Holly M. Bannister, Anne Hamilton, and Kimberly Palmer. Among the event's many corporate and individual sponsors were Platinum Sponsor, The Schochet Companies, Mrs. Jay R. Schochet and Richard Henken, CEO; Silver Sponsors, Dorrance Hamilton and the Hamilton Family Foundation, Judy Clagett McLennan, Newport Hospital Auxiliary, Linda and John Purdy, and Jim and Ginny Purviance. ■



Crista F. Durand and her husband Steve Durand; Jennifer and Peter Capodilupo; Thomas E. McGue, MD, FAAP and Lorian De Crescenzo



Dan Faria and Dolores Houston



C. Hugh Hildesley, Norey Dotterer Cullen, Happy van Beuren, Holly M. Bannister, MD, Anne Hamilton, Helene van Beuren, Kimberly Palmer, and Lee DiPietro



Frederick Henry Prince Memorial Fund Supports Local Organizations

Since 2012, the Frederick Henry Prince Memorial Fund at Newport Hospital has awarded nearly \$300,000 in grants to 21 local community organizations committed to keeping kids active and healthy. In 2016, 13 organizations received grants to support activities ranging from cooking and exploring nature to playing soccer, rugby, tennis and more.

Guillaume de Ramel, donor and past chair of the Fund's Advisory Committee says, "Our goal is to help Newport Hospital achieve its community mission of fostering active and healthy lifestyles. We think one of the best ways to do that is to help people get outdoors and play sports!"

Guillaume explains that giving "athletic entrepreneurs" the seed money to start a road race or a rugby tournament is sometimes all it takes to make improvements in the health of the community.

"We truly hope more individuals will apply for grants in the coming year. We know it can be challenging to organize programs, let alone find the funding. We want more people to know that the Frederick Henry Prince Memorial Fund is here as a resource for them," Guillaume concludes.

2016 Grantees

Star Kids

Sail to Prevail

Island Rugby

Newport YMCA

Island Moving Company

International Tennis Hall of Fame

Girls Scouts of Southeastern New England

Friends of Ballard Park

Norman Bird Sanctuary Teen Green and EcoExplorers

Gaudet Middle School Soccer Club

The Potter League for Animals

Bike Library Program at the Florence Gray Center



To learn more about applying for a grant from the Frederick Henry Prince Memorial Fund at Newport Hospital, visit giving.lifespan.org/FHP-Application or call 401-845-1536. ■

Foundation Board of Trustees Profile:

David S. Gordon

As the former mayor of Newport, David S. Gordon has a unique perspective about his community and Newport Hospital's role in it. Working closely with fire and police departments and the naval community during his years in office from 1996 to 2000, David saw first-hand how the hospital was depended on during times of emergency and also for routine care.

"There was never a time when first responders weren't singing the hospital's praises; they work so well together, which is critically important for a hospital that serves the entire community," says David.

While David's time as mayor provided insights into Newport Hospital that others on Aquidneck Island may not be privy to, his personal connection to our work extends far beyond his public service. He has served on the Newport Hospital Board of Governors for more than 15 years, and in 2008, became a member of the hospital's Foundation Board of Trustees. And, like many who call Newport and its surrounding communities home, David has relied on Newport Hospital for his own care.

In 2004, David was treated for a cardiac issue in our Emergency Department and 10 years later, after being diagnosed with cancer, he turned to the Comprehensive Cancer Center at Newport Hospital for his chemotherapy. Calling himself "very, very fortunate," David is currently on a new immunotherapy drug to treat his cancer, returning to Newport Hospital every two weeks for an infusion.

"My personal experiences with Newport Hospital have been extremely positive; that I can receive such a high level of care less than 15 minutes from my home is invaluable," says David. "The doctors, and especially the nurses, are just fantastic. This is the most patient-friendly hospital you'll find, and I think it all goes back to the hospital's culture and how much everyone cares about their patients."

Through his service on the Foundation Board, David helps to raise funds to support equipment and program updates that keep Newport Hospital on the leading-edge of medicine while supporting our vision for the future.

"With how much healthcare continues to evolve, we're lucky to have a hospital of this caliber right here in our own community," says David. "I want people to know

what we have here, and because I've benefitted from it personally, I was inspired to get involved and help bang that drum." ■



Board of Governors Annual Meeting

It was a beautiful fall evening when dedicated friends and supporters of Newport Hospital gathered on the top deck of the newly renovated Newport Beach House for the 2016 Annual Meeting of Governors on September 20.

Guests were welcomed by Peter Capodilupo, Chair of the Newport Hospital Foundation Board of Trustees, as he introduced a slate of 12 new nominees and thanked 36 returning Governors.

Following the installation of new Governors, Lawrence A. Aubin, Sr., Chair of the Lifespan Board of Directors and Chair of the Newport Hospital Board of Trustees, and Timothy J. Babineau, MD, President and Chief Executive Officer of Lifespan, shared the ongoing evolution of Lifespan into a complete healthcare delivery system. The two highlighted the organization's new physician partnerships and statewide alignments supported by the construction of a new medical building in nearby Tiverton. On a personal note, Mr. Aubin shared a family member's recent experience at the Vanderbilt Rehabilitation Center, giving high praise to its facilities and, in particular, the compassionate, attentive care provided by staff.

During her President's Report, Crista F. Durand explained how Newport Hospital has become both a destination and a gateway to care by combining the convenience and personal attention of a community hospital with seamless access to a large integrated network of services and providers. She underscored several achievements of the past year, including pioneering a new form of pain relief during labor at the Noreen Stonor Drexel Birthing Center; Vanderbilt Rehabilitation Center receiving the prestigious Guardian of Excellence award for outstanding patient experience; a dramatic drop in the overall length of hospital stays and readmission rates, and the lowest ED wait time in the state. Crista also shared that in 2017, Newport Hospital will focus on bringing a joint replacement program to Aquidneck Island and, in response to the growing demand for personalized care, establishing a concierge medicine service.

Before the speaking program drew to a close, Lorian De Crescenzo, Chief Development Officer, shared phase one of Newport Hospital's Capital Campaign, *Beyond the Building: Transforming Healthcare for our Community*, which includes a \$12.5 million transformation of the Emergency Department and a \$2.5 million renovation of the Intensive Care Unit. (Learn more about the campaign on page 4.) ■



Victoria Johnson and Bernie Nemptow



Peter Capodilupo, Timothy J. Babineau, MD, Lawrence A. Aubin, Sr. and Crista F. Durand



Beth Cunningham, Tom and Sheila Sulentic

Welcome to our newest members of the Board of Governors!

Sarah Atkins
Julie DiBari
Kelsea Dixon
Daniel Faria

Lesley Faria
Felise Feingold
Kristin MacMannis

Amy Martin
Todd Martin
Meghan Picotte

Sarah Schochet
Dana Spring
Mark Spring

Thank you to ALL of our members of the Board of Governors!

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Jean M. Anderson
Sister M. Therese Antone
Holly Bannister, MD
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Mary Jane Barry
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A Salute to Health

Newport Hospital's Summer Soirée

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