The Bradley Bulletin

News and notes for our friends and supporters.

Joe and Sally Dowling Recognize Excellence with Charitable Giving

r Joseph L. Dowling, Jr., MD, and his wife, Sally Dowling, Esq., family is everything. The couple met when Sally was the roommate of Joe's sister at Wellesley College. Fifty-four years of marriage, four children and 13 grandchildren later, Sally remarks, "We're very lucky."

Joe, a Brown University and Tufts University School of Medicine graduate, founded Rhode Island Eye Institute in 1957. When their four children were school-age, Sally went back to school at Northeastern University School of Law, receiving her degree in 1977. She later became the first female lawyer and partner at Adler Pollock & Sheehan P.C. in Providence.

It was an invitation to Bravo Bradley back in 2012 by Joe's tennis partner and longtime Bradley advocate David Brown that first gave the couple a look inside Bradley. What they learned has kept them actively involved ever since. Joe and Sally are now annual Bravo Bradley attendees and raise their paddle high to support the fund-a-need and auction.

"In my opinion, Bradley is the most prestigious hospital in Rhode Island," explains Joe. "They get referrals from all over the world and provide care that patients can't receive anywhere else."

Committed to the hospital's innovative care, Joe joined the Bradley Hospital Foundation Board of Trustees in late 2012. He also serves on the boards of Common Cause Rhode Island, Tides Family Services, Friends of South Ferry Church and Rhode Island State Council on the Arts. Sally is chair of the Rhode Island Judicial Nominating Commission.

The couple's mutual hobby is theater. They have been involved with Trinity Repertory Company since 1965 and are



among the 2017 Pell Award honorees for their service and advocacy for the arts. While Bradley is a detour from their involvement in the arts, they are proud of the work Bradley does for its patients and families.

Sally often attends events with Joe and says, "There is always an educational part to the meetings that I enjoy. Bradley's success stories are very compelling as they show what a difference the hospital makes for patients."

Joe has also referred numerous families to Bradley for care and has introduced many close friends to the hospital, including Beazie the service dog. Beazie came along with his owners for a tour of Bradley Hospital, and the patients fell in love with him. Now, he visits patients weekly!

"The Dowlings' dedication to supporting the hospital and spreading the word about our mission and work is wonderfully uplifting, and it means so much to all of us that they are part of the Bradley Hospital family," says Bradley Hospital President Daniel J. Wall.



NIH Awards Bradley Hospital \$2.3 Million for Irritability Study

ost children get grumpy now and then for many reasons, including being overtired, stressed or feeling sick. Some kids, though, have severe irritability and may be prone to frequent or intense temper tantrums, verbal outbursts or physical aggression. Their irritability may have no clear trigger or may be associated with other mental health problems.

"Irritability is the most common reason children are brought for psychiatric evaluations," says Daniel P. Dickstein, MD, director of Bradley Hospital's Pediatric Mood, Imaging and NeuroDevelopment (Pedi-MIND) Program.

Defined as the symptoms resulting from frustration and blocked goal attainment, irritability is a diagnostic criterion for a number of psychiatric conditions, including bipolar disorder, depression and anxiety.

However, there is no scan, questionnaire or biomarker to help doctors determine exactly which disorder a child with irritability may have and, therefore, the best way to treat it.

Dr. Dickstein aims to change that. Supported by a \$2.3 million grant from the National Institutes of Health, he is leading a groundbreaking study to identify the bio-behavioral mechanisms of irritability that could be used for earlier, more specific diagnosis and treatment of children with disorders involving irritability.

Researchers from Brown University, Butler Hospital and the National Institute of Mental Health are collaborating with Bradley Hospital on this project.

"It's a great team," says Dr. Dickstein, "And we are grateful to the extended team – the kids and parents who are participating, as well as our partners in philanthropy. This study can lead to breakthroughs in child mental health akin to the transformation in survival of childhood leukemia. The only way to get there is with the whole team."



iFriend Teaches Valuable Social Skills

t's painful to even contemplate. Your child comes home alone every day after school. He's never had a play date or even been invited to a birthday party. Lonely beyond all measure, you know what is going on with him isn't mere social awkwardness. As a parent, your child's social isolation leaves you feeling helpless.

iFriend is an outpatient group therapy program at Bradley Hospital, designed to enhance social skills in children ages 8 to 11. The 12-week program focuses on emotion regulation, reading social cues, and improving conversation and play skills, while providing opportunities to practice for children and their parents.



"The parent group is a unique aspect of this program," explains group leader and Bradley staff psychologist Caley Arzamarski, PhD. "Parents are taught the same skills to reinforce their child's skills across home and community. Practicing how to engage with peers outside of group is just as important as learning the skills in group."

Meeting other children and parents who are experiencing similar challenges also helps to normalize their struggles. Families, teachers, and clinicians often begin to see positive changes in the children's social skills, sense of belonging, and self-confidence after several weeks.

"Even for those who were hesitant initially, we often hear kids asking if the program can continue after our last session. We hope this group brings a sense of relief and hope to children and families, while showing them they can learn skills to better engage with others," says Dr. Arzamarski.

For information about the Bradley Hospital Foundation, please contact Anne Morton Smith at 401-432-1451 or asmith18@lifespan.org.

giving.lifespan.org/BradleyHospital



Bradley Hospital 2016 Healing Society

We are proud to present the members of the Bradley Hospital Healing Society, recognizing supporters who make annual gifts of \$100 or more. Our gratitude goes to all who have given selflessly to support the lifesaving work of Bradley Hospital.

\$1,000,000+

Ms. Carol A. Peterson

\$250,000 – \$499,999 Mr. and Mrs. William G. Carr, Sr.

\$100,000 - \$249,999 Anonymous

The Rhode Island Foundation

\$50,000 – \$99,999 Estate of Victor E. P. Cipolla, Sr.

Estate of Victor E. P. Cipolla, Sr. Craig and Deborah Cogut Mr. and Mrs. Joseph S. Ruggiero, Sr. van Beuren Charitable Foundation

\$25,000 - \$49,999

Mr. and Mrs. Richard Baccari Susan O. and David A. Brown CVS Health Charity Classic Alletta Morris McBean Charitable Trust Mr. and Mrs. David L. Piccoli, Sr. Shriners of Rhode Island Charities Trust

\$10,000 - \$24,999

AECOM Technology Corporation Amica Companies Foundation Anonymous Mr. and Mrs. Jeffrey Boudjouk Elizabeth and Joseph Brito, Jr. Trust of Rena Burney Cox Communications Mr. and Mrs. Anthony DePasquale The Doug Flutie, Jr. Foundation for Autism, Inc. Future Affairs Productions Mr. and Mrs. Rick Granoff Ms. Diane Hunter and Mr. Manuel J. Irujo The June Rockwell Levy Foundation, Inc. Ida Ballou Littlefield Memorial Trust Mr. and Mrs. Patrick C. Lynch Mr. and Mrs. Timothy M. O'Neil Providence Journal Charitable Legacy Fund Mr. and Mrs. Roger C. Rumsey Henry T. Sachs III, MD and Teresa A. Van Buren, MD Shoreline Audio Visual Mark E. Stamoulis Transdev Mr. and Mrs. Alfred J. Verrecchia Mr. and Mrs. Daniel J. Wall Ms. Mary Ann Weiler The White Family Foundation Mr. Matthew Wood and Dr. Carla Rabassa

\$5,000 - \$9,999

Mr. and Mrs. James Adelstein Everett F. Boyden Trust, Bank of America, Trustee The Claflin Company CVS Health Donald Salmanson Trust Almon and Suzanne Hall Mr. and Mrs. Harry A. Hanoian Hasbro, Inc. Mr. and Mrs. Eugene Lee Mr. and Mrs. Hugo R. Mainelli, III Mr. and Mrs. Norman E. McCulloch, Jr. Mr. and Mrs. Peter Morris Ocean State Job Lot Charitable Foundation Mr. Vahid Ownjazayeri and Mrs. Katie Oakes PURE Russell M. and Karen A. Raposa **RICOH** Corporation Dr. and Mrs. Charles M. Riotto The Honorable and Mrs. Bruce M. Selya Shivan and Jyothi Subramaniam TRAC Builders

\$2,500 – \$4,999 Acoaxet Veterinary Clinic

Adler Pollock & Sheehan P.C. Dr. Thomas F. Anders and Dr. Constance M. Bowe Anonymous The Aubin Family Bailey's Team for Autism Balise Motor Sales Mark Baribeau and Cindy Barnhart Mr. and Mrs. Ed Caron Mr. and Mrs. Buell J. Carter, Jr. Casper Ms. Denise Dangremond Mr. John G. Domaleski and Dr. Vareen C. O'Keefe-Domaleski Mr. and Mrs. Donald H. Dwares Eastside Marketplace, Inc. Electric Boat Employee Community Service Association Mr. and Mrs. Jonathan D. Fain Mr. and Mrs. Kelly Fowler Fred J. Franklin Gilbane Building Company Grant & Bowman, LTD Mr. and Mrs. Thomas P. Kane Mr. Robert Karam Lax & Company, Inc. Lynch & Pine Attorneys at Law, LLC Marcum, LLP Rulla Nehme, CFP n|e|m|d architects, inc. Mr. and Mrs. William O'Dell Mr. and Mrs. James Pious John Robitaille and Lynda Adams-Robitaille Mr. and Mrs. Dave Ryan The Salted Slate Mr. and Mrs. Kenneth A. Schreiber Mr. and Mrs. Jonas Seed Mr. and Mrs. Robert I. Stolzman The Dennis T. Tefft Memorial Foundation Tufts Health Plan Doreen L. Wiggins, MD

\$1,000 - \$2,499

Mr. and Mrs. Richard C. Abrams Mrs. Eiko Adams Mr. and Mrs. Arthur Anderson Anonymous BankŔI Mr. and Mrs. Brian Beneduce Dr. Christina J. Bellanti Bond Brothers, Inc. Booster Campaigns Mr. Leo O. Carriere Centreville Bank Paul and Elizabeth Choquette Mr. and Mrs. Eric Dantas Mr. and Mrs. Kim G. Davis Delta Dental of Rhode Island Robert DeRobbio, PhD and Nanci DeRobbio Mr. and Mrs. Scott W. DiChristofero Dr. Daniel P. Dickstein and Dr. Elizabeth Jacobs Dr. and Mrs. Joseph L. Dowling, Jr. Edythe De Marco and Thomas Byrne Charitable Gift Fund Mr. and Mrs. Donald P. Galamaga Dr. and Mrs. Richard L. Glick Mr. and Mrs. Robert S. Greenbaum Guggenheim Funds Distributors, LLC Mrs. Gloria D. Hall Hasbro Children's Hospital Department of Pediatrics Mr. and Mrs. H. David Hibbitt Hospital for Special Care Jeffrey I. Hunt, MD and Cheryl Flynn, MD George A. and Evelyn M. Ingleby Fund J & J Auto Service

Jewish Federation Foundation of Greater Rhode Island The Koffler Bornstein Family Foundation Mr. John S. Kraljic and Ms. Susan Trembinski Mr. and Mrs. Anthony J. Landi, Jr. Mr. and Mrs. Howard Lazarus Mr. and Mrs. Michael Malin Mr. and Mrs. Charles V. McCarthy Mr. and Mrs. Walter T. McCormick Mr. and Mrs. Norman E. McCulloch, Jr., Trustees of the McAdams Foundation Charles McDonald, MD and Maureen McDonald Mental Health Association of RI Stephen and Daphne Meredith Representative and Mrs. Vincent J. Mesolella, Jr. Stacey and Eugene Mihaly Mr. and Mrs. Calvin F. Miller Mr. and Mrs. William J. Milner Mr. and Mrs. Paul E. Morse Ms. Darlene M. Murphy The Murray Family Charitable Foundation Mr. and Mrs. Ramesh Murthy Mr. and Mrs. Gene Nadeau Ms. Nancy Neis and Mr. Robert Rubin Nixon Peabody, LLP Mr. and Mrs. Thomas Norris Mr. Russell Oken and Dr. Shara Lynn Millman Mr. and Mrs. Curt Oliveira Pawtucket Credit Union Pepsi Beverage Company Piccerelli, Gilstein & Company, LLP Mr. Scott W. Pray Ms. Julie Raposa Ms. Mary Reineman and Mr. Paul Kappel Rhode Island Foot Care, Inc. **RIH Department of Psychiatry** Mr. Joel Ristuccia and Ms. Joan Sapir Dr. and Mrs. Philip M. Robitaille Mr. and Mrs. Michael L. Rogers Lawrence B. and Joan Sadwin Ms. Linda L. Sawyer and Mr. John D. Harris Mary and Michael Schwartz Fund Secord and Associates, Inc. The Joseph S. and Rosalyn K. Sinclair Foundation Anne Morton Smith and Bruce Gratz Eric and Peggy Smith Dr. Richard M. Smith and Dr. Kathryn D. McGowan Strategic Marketing & Promotions, Inc. Colleen M. Sullivan Swansea Pediatric Associates, LLC. Deborah M. Tate, Esq. Mr. William E. Tracey Ms. Angela Valentine and Mr. Douglas H. Smith Margaret M. Van Bree, MHA, DrPH Mr. Nicholas R. Wall Mr. and Mrs. Barry M. Williams

\$500 - \$999

Gowri Anandarajah, MD Anonymous Mr. and Mrs. Richard P. Baccari, II Mr. Ian Barnacle Mr. and Mrs. David N. Bazar Mr. David Bordalo and Ms. Jacqueline Papa Mr. and Mrs. Kalman A. Buchovecky Mr. Tim Burnieika Brady G. Case, MD and Sarah Case, MD Mr. and Mrs. Joseph Castonguay David A. Cohen Trust Charles and Sarah Denby Bob and Rena DiMuccio Reverend Eugene T. Dyszlewski and Dr. Margaret Paccione-Dyszlewski Dr. Donald J. Farish and Ms. Maia Farish Mr. and Mrs. Alexander J. Freda Dr. and Mrs. Gregory K. Fritz

Albert Garcia and Abbe Garcia, PhD Mr. Charles Granoff H. Carr and Sons, Inc. Mrs. Leslie M. Hogan Dr. and Mrs. Harold M. Horwitz Mr. and Mrs. Hirum A. Jamiel, II Ms. Aline L. Kenney Mr. and Mrs. Paul F. Kilmartin Mr. Matthias Klein Mr. and Mrs. George Kuebler Mr. and Mrs. Kenneth A. Kyle Mr. and Mrs. Robert Leach Mr. and Mrs. Richard H. Leclerc LegionThirteen John Marshall Family Foundation Mr. Kevin I. McKenna Dr. and Mrs. Terrence R. McWilliams Henry and Karyn Monti Dr. Eric Morrow and Mrs. Deborah Weinstein Mr. and Mrs. Thomas Norris Ocean State Forklifts, Inc. Mr. and Mrs. Frank Paterno Mr. and Mrs. Michael Piccoli Providence Metallizing Company, Inc. Mr. and Mrs. Thomas H. Quill, Jr. Mr. Richard A. Ranone Mr. and Mrs. Gary J. Regan Mr. and Mrs. Angus K. Ross Ms. Yekaterina Rumshiskaya Mr. David A. Schechter Dr. Larry J. Schoenfeld and Mrs. Barbara Schoenfeld Mr. and Mrs. Robert D. Sherwin Mr. Mark Shovlin Ms. Juliann Sousa Mrs. Virginia H. Soutter Tom and Sandy Stamoulis Mr. and Mrs. Rocky Toomey Mr. and Mrs. Leo A. Tracey Dr. and Mrs. William G. Tsiaras Mr. Paul J. Votta, Jr. Mamie and Rich Wakefield Mr. and Mrs. Kenneth W. Washburn Zimmerman/Fetzer Family Fund

\$250 - \$499

Abacus Health Solutions, LLC Mr. John G. Angelo, Esq. Anonymous Automated Business Solutions Mrs. Lori Barnett and Jeffrey K. Savitt Ms. Lori Basilico and Mr. Paul J. Adler Mr. and Mrs. David N. Bazar Mr. and Mrs. Richard R. Beretta, Jr. Mrs. Ellen H. Bridges Mr. and Mrs. Jonathan Buchanan **Bulger Partners** Mr. and Mrs. Stanley James Busam Mr. and Mrs. Andrew S. Caslowitz Mrs. Melissa A. Catone Mrs. Linda F. Chapman Columbus Door Company Mr. and Mrs. Paul Conforti Mr. and Mrs. Paul Cox Marlene Cutitar, MD and Donald Acevedo Mr. Anthony J. DeFusco and Ms. Dale J. Venturini Devaney Tire Kathleen R. Donise, MD E.W. Burman, Inc. Elmwood Dodge, Inc. Mr. Louis F. Eyster Mr. Paul Farley Mr. Nelson M. Ferreira Fleet Master Inc. FM Global Foundation Mrs. Alissa M. Forleo Mr. James M. Furcolo Mr. and Mrs. David Gelbert Drs. Peter and Malini C. Gillen Mr. and Mrs. Adam Goldstein Mr. and Mrs. David Goldstein Mr. and Mrs. Jason Grant Ms. Maribeth Jarosik Mr. Jack M. Standish and Ms. Janice F. Kauffman Mr. Hugh J. Kiley, Jr. Mr. Richard H. Kuehl and Ms. Janet S. Comalli David Lichtenstein, MD and Ms. Rebecca B. Silver The Mann Family Foundation

Mr. and Mrs. Brock Manville Mr. Richard Marsland and Dr. Margaret G. Klitzke McAllister Towing of Narragansett Bay, LLC McCorry and Gannon Dr. and Mrs. S. David Miller Monahan, Drabble & Sherman, Inc. Mr. and Mrs. Louis Mosca Navigant Credit Union Ms. Kimberly J. Noble Ms. Samantha Norris Mr. and Mrs. David G. Odessa Mr. and Mrs. Timothy O'Riley Mr. David W. Parr Mr. and Mrs. John E. Peterson Mr. and Mrs. Paul C. Pierannunzi Dr. Brian F. Pontarelli Mr. Marc A. Proto Restivo Monacelli, LLP Dr. Barbara H. Roberts and Mr. Joseph Avarista Dr. Emilio Rodriguez Peris and Mrs. Beatriz Lledo Mira Mr. and Mrs. Richard Romano Ms. Amy B. Ross Mr. Theodore J. Rzemien Ms. Diane E. Scola Mr. Stephen M. Senteio Mrs. Ruby Shalansky Dr. and Mrs. Anthony Spirito Dr. Gregory P. Stiener and Mrs. Wendy C. Brusick Mr. and Mrs. Richard A. Sugerman Dr. and Mrs. Patrick K. Sullivan Mr. and Mrs. Theodore F. Sykulski Mr. Andrew Therrien and Ms. Gina Therrien Mr. and Mrs. Thomas E. Walsh, Sr. Philip M. Weinstein, Esq. Mr. Robert Weintraub and Ms. Nicole Yoshikane Mr. and Mrs. Johnny L. Wessner Mr. and Mrs. Robert Wright

\$100 - \$249

AAA Southern New England - Providence Ms. Janice K. Albertsen Dr. Sibel Algon Mr. and Mrs. Edward Almon Mrs. Judith A. Almy-Coutu Patty and Melvin G. Alperin Family Fund Mr. and Mrs. Robert E. Amalfetano Amica Mutual Insurance Company Mr. and Mrs. Neil G. Amper Mr. Robert P. Andrade Anonymous (2) Mr. and Mrs. William M. Anthony Mr. Maurice Bennett Benny's Mr. and Mrs. Lloyd F. Benson Mr. and Mrs. Perry F. Bernstein Big Blue Bug Solutions Ms. Linda Bonder Ms. Bonnie J. Braga Mr. Michael Breault Mr. Frank Bruzzi Mrs. Carolyn A. Bulgarelli Ms. Jeanne C. Cain Mr. Don Caron Mr. and Mrs. Joseph Cawley Mr. Peter L. Chatellier Mr. Joseph A. Colapietro Ms. Ann Cosme Mrs. Mary W.C. Daly DaRocha's Landscape Services, Ltd Mr. and Mrs. Frank R. DeLuca Mr. and Mrs. Edward W. Dence, Jr. Mr. David Dillon East Bay Pediatric and Adolescent Medicine Assoc., Inc. Enstar, Inc. The Estee Lauder Companies Mr. Malcolm Farmer, III Mr. David Fontaine Mr. Michael J. Fox, Jr. Gabrielle Dinsmore Heart & Hope Fund Mr. and Mrs. Aram G. Garabedian Ms. Michele B. Gessman Mr. Norman C. Gessman Stephen E. Glinick, MD and Elizabeth A. Welch, MD Ms. Lisa Goldstein Mr. and Mrs. Juan F. Gomez Mr. and Mrs. Donald D. Gralnek Mr Bill Greene

Ms. Joyce R. Greene Ms. Judith W. Greene Mr. and Mrs. Peter N. Guest Mr. Akhil C. Gupta Ms. Carolyn Hames Mr. David Hanna Mr. and Mrs. Michael J. Harrison Mr. David Hebert Jamie L. Hollenbeck, PhD Mr. and Mrs. Burton F. Homonoff and Family Mr. Hal Horvat Mr. Leo G. Hutchings Mr. and Mrs. Robert L. Iacobucci J & J Technologies, Inc. Mr. and Mrs. Alan Jacober Mr. and Mrs. David I. Jacobson Mr. and Mrs. Hilton M. Jervey The Kane-Barrengos Foundation Mr. Thomas C. Kee Mr. and Mrs. Martin Kenner Mr. Wayne Kessler Mr. and Mrs. Mehdi Khosrovani Mr. and Mrs. James Koloski Ms. Susan F. Korber, MS, RN Lamagna Law Offices Mrs. Felicia Lariviere Mr. Frank Latina Ms. Monica A. Leandre Ms. Marjorie L. Lederer Mr. Harvey G. Lee, Jr. Dr. and Mrs. Mayer A. Levitt Martha S. Livingston* and Stanley Livingston, Jr.* Mr. and Mrs. Tod E. Luginbuhl Joe and Carmen Luis Mr. Adelino Machado Mrs. Evelyn L. McCann Mr. and Mrs. Charles S. Mellen, III Mr. John Microulis Mr. and Mrs. Henry S. Monti Mr. and Mrs. Thomas R. Moran, Jr. Mr. and Mrs. Matthew J. Nelson New England Fire Equipment & Apparatus Corp. Mr. Paul C. Nicholson, Jr. Mr. and Mrs. Paul Nolan Mr. and Mrs. William Noons Mr. and Mrs. David P. Noren Sarah L. Nottage Mr. and Mrs. Frank Parente Mr. and Mrs. Gordon L. Parker, Jr. Mrs. Melissa A. Phillips Mr. James Prescott Mrs. Angela M. Prew Ms. Lori A. Quinn Mr. Jason Regine Dr. and Mrs. Harlan G. Rich Ms. Renee Rixon Mr. and Mrs. Lloyd J. Robertson Mr. Ray Roch Mr. John P. Rufo Ruggieri Bros., Inc. The Alexander and Celia F. Rumpler Fund Mr. and Mrs. John D. Ryan Mr. and Mrs. Douglas Ć. Rynda Mr. and Mrs. Bernard V. Scola Mr. and Mrs. Bob Selle Mrs. Lori Seuch Mr. and Mrs. Richard S. Silverman Mr. and Mrs. Martin P. Slepkow Mr. and Mrs. Richard T. Smith Daniel B. Spencer, MD Mr. and Mrs. Joseph St. Jean Dr. and Mrs. Gerald M. Tarnoff TVI. Inc. Mr. James T. VanBuren Mr. Greg Vanden-Eykel Mr. David Varone Jerry and Christine Visconti Mr. Roger Viveiros Mr. and Mrs. Joseph Wallace Mr. and Mrs. John F. Walsh Ms. Stephanie Weimer Mrs. Juliann G. Wiezalis Dr. and Mrs. Matthew D. Willis Mr. Herbert Stacks and Mrs. Sharon L. Yarlas

*deceased